



Serenity Oaks, PLLC
5368 Fredericksburg Rd
Building C, Suite 100
San Antonio, TX 78229
P. 210-549-4333
F. 210-549-4339

Psychiatric Evaluation Intake Form

Patient Contact Information: For privacy, many patients wish to be contacted in only a certain manner. Please fill in private contact information that we should use.

Patient Name: _____ Date of Birth: _____ Age: _____
Last First MI

Address: _____

Contact phone number: _____ Email address: _____

Emergency Contact/Number/Relationship: _____

Primary Care Physician: _____ Tel: _____ Referred here by: _____

Reason For Your Visit: _____

Please list Five Goals of Treatment or Problems you would like resolved in the next year:

1. _____
2. _____
3. _____
4. _____
5. _____

Previous Treatment (including buprenorphine/methadone treatment)

Please list any inpatient mental health hospitalization Hospital name/dates/reason

Have you ever attempted to harm/kill yourself? If so, please list the occurrences below:



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Previous Outpatient Psychiatric History: Have you ever been treated for any of the following by either a family doctor or psychiatrist (check all that apply), if so, please list medications given:

- | | | |
|--|---------------------------------------|---|
| <input type="checkbox"/> Depression | <input type="checkbox"/> ADHD | <input type="checkbox"/> Bipolar (Manic / Depressive) Disorder |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> OCD | <input type="checkbox"/> Schizophrenia |
| <input type="checkbox"/> Panic Attacks | <input type="checkbox"/> PTSD | <input type="checkbox"/> Alcohol Problems (including AA) |
| <input type="checkbox"/> Anorexia/ Bulimia | <input type="checkbox"/> Binge-eating | <input type="checkbox"/> Drug Problems <input type="checkbox"/> ECT treatment |

Current and Previous MEDICAL Problems (Check all that apply)

- | | | | | |
|--|---|--|----------------------------------|---------------------------------------|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Heart Attacks | <input type="checkbox"/> Strokes | <input type="checkbox"/> Hepatitis |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Thyroid | <input type="checkbox"/> Sleep Apnea | <input type="checkbox"/> COPD | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Sexual Disease | <input type="checkbox"/> Heart Failure | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> HIV | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Hysterectomy | <input type="checkbox"/> Tubal Ligation | <input type="checkbox"/> Migraines | <input type="checkbox"/> Urinary | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Bleeding Problems | <input type="checkbox"/> GI Problems | <input type="checkbox"/> Head Injury | <input type="checkbox"/> Kidney | <input type="checkbox"/> Cholesterol |

List all prior surgeries and hospitalizations for MEDICAL illnesses

Last menstrual period (if applicable) _____

Contraceptive method: _____

Please List all current medications below (include birth control pills, over the counter medication and herbal remedies (i.e. decongestants, St. John's Wort, etc)

- | | | | |
|----------|----------|----------|-----------|
| 1. _____ | 4. _____ | 7. _____ | 10. _____ |
| 2. _____ | 5. _____ | 8. _____ | 11. _____ |

Pharmacy: _____ **Phone #:** _____

Allergies (Medication/Food): _____



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Family History: Has anyone in your family ever been treated for any of the following (please check all that apply and when appropriate indicate paternal or maternal)

	Father	Mother	Aunt	Uncle	Brother	Sister	Children	Grandparent
Depression								
Anxiety								
Panic Attacks								
Post-Traumatic Stress								
Bipolar/Manic Depression								
Schizophrenia								
Alcohol Problems								
	Father	Mother	Aunt	Uncle	Brother	Sister	Children	Grandparent
Drug Problems								
ADHD								
Suicide Attempts								
Psychiatric Hospital Stay								

What MEDICAL Problems run on one or both sides of the family? (Diabetes, High Blood Pressure, etc)

Substance Use

Do You Use Tobacco Products? (Packs/amount per day) _____

When was your last drink with alcohol? _____

In the past 30 days, about how many of those days have you had at least one alcoholic drink? _____

What is the maximum number of drinks you have had in one day in the past month? _____ drinks

_____ DUI _____ DWI _____ Public Intoxication _____ Seizures

_____ DT's _____ Blackouts _____ AA/NA Meetings _____ Detox/Rehab?



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Please check if you have EVER used any of the below substances:

____ Marijuana ____ Cocaine ____ IV Drugs ____ Xanax (Ativan, Valium, Benzodiazepines)
____ Amphetamine ____ Heroin ____ PCP ____ Hallucinogens (LSD, Mushrooms)
____ Ecstasy ____ Pain Pills ____ GHB ____ Anabolic Steroids
____ Inhalants ____ Diet Pills ____ Diuretics ____ Sleeping Pills
____ Tranquilizers ____ Laxatives ____ Caffeine

Social History:

1. Where were you born and raised? _____
2. Problems with developmental milestones? _____
3. **Single Married Divorced Widowed Separated**
4. Total number of marriages? _____ How many children do you have? _____
5. Current Living Situation: _____
6. Who lives with you? _____
7. **Highest degree obtained and other training:**
High school graduate G.E.D. 4 year college degree Graduate School
Junior college degree or technical school diploma Military Honorable Discharge?
8. **What best describes your current employment status? (Check all that apply)**

a. Employment Status	b. Student Status	c. Volunteer Status
Unemployed, looking for employment	Full-time	Volunteer Part-time
Unemployed, not looking for employment	Part-time	Volunteer Full-time
Full-time employed Part-time employed	Not a student	No Volunteer Work
Retired Self-employed On welfare	Disability	
9. What is your occupation? _____
10. What do you do for exercise (and frequency)? _____
11. Support system: _____
12. Hobbies: _____
13. History of physical/sexual abuse: _____



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14. Have you ever been in jail or prison or on probation/parole? (and reason)? _____

In the past week, have you had any of the following: (please circle all that apply)

- General :** Recent weight loss, recent weight gain, weakness, fatigue, night sweats, fevers
- Eyes :** Double vision, blurred vision
- Ears, nose, throat:** Dry mouth, hoarseness or other voice change, difficulty swallowing
- Respiratory:** Cough, sputum (color: _____ ; quantity _____), shortness of breath at rest, shortness of breath with activity
- Cardiovascular:** Heart trouble, chest pain or discomfort, palpitations, shortness of breath while lying flat, swelling in legs or ankles
- Gastrointestinal:** Ulcer, trouble swallowing, heartburn, change in appetite, nausea, diarrhea, constipation, rectal bleeding or dark or tarry stools
- Urinary:** Increased frequency of urination, incontinence, reduced caliber or force of urinary stream, hesitancy, dribbling
- Musculoskeletal:** Muscle or joint pain or stiffness, joint pain, redness, swelling
- Psychiatric:** Anxiety, depression, changes in mood, thoughts of suicide
- Neurologic:** Headaches, dizziness, vertigo, fainting, blackouts, seizures, weakness, paralysis, numbness or loss of sensation, tingling or “pins and needles,” tremors or other involuntary movements, seizures